

SKINCARE PHYSICIANS®

Celebrating 25 Years

Tixel: Eliminate Wrinkles Around The Eyes & Mouth

If you are looking for a way to improve the **lines and wrinkles around your eyes and mouth**, we are excited to introduce Tixel, a new solution for you. Based on advanced thermo-mechanical technology, Tixel delivers thermal energy to the surface of the skin in a fractionated manner through a titanium tip with many tiny pyramid-shaped cones. The goal of this treatment is to stimulate collagen and improve the appearance of wrinkles.

Tixel is ideal for patients with fine wrinkles around the eyes (or mouth) and is **safe for any skin type**. The treatment consists of 3-5 sessions performed a month apart by our skilled nursing staff. After applying



a topical anesthetic, the procedure is very **comfortable and quick**. Recovery includes mild swelling and redness for 1-2 days, followed by fine speckling that fades over approximately 5 days.

Wrinkles around the eyes can be

difficult to treat and we are thrilled to offer this new, effective solution with **minimal down time**. Tixel also creates small channels that allow the skin to absorb specific, recommended products (think Vitamin C and Hyaluronic Acid) even better. For added impact and enhanced results, our dermatologists can combine Tixel with other tried-and-true therapies such as topical retinoids and neuromodulators (e.g., Botox, Dysport and Daxxify).

If you are feeling like your eyes and/or mouth are aging faster than you would like, visit us for a consult to see if Tixel may be an option for you.

Fine Lines Have A New Sheriff In Town... Meet Skinvive

Skinvive is a superb option to **treat very fine lines and wrinkles**, and the newest addition to our **injectable filler** portfolio. Made of naturally occurring hyaluronic acid, fillers have revolutionized our approach to anti-aging and rejuvenation. Some of the newer and incredibly safe fillers in the Restylane, Juvéderm and RHA lines give our injectors unparalleled capabilities for precise facial sculpting and wrinkle improvement.



Skinvive is unique in that it is **exceptionally delicate**, enabling our physicians to **inject very close to the surface of the skin**, where the most superficial fine lines and wrinkles reside. The carefully designed structure of Skinvive facilitates treatment of delicate wrinkles around the mouth and eyes, on the cheeks, and between the brows. Combined with the robust capabilities of the other fillers at our disposal, we can custom fit these treatments to the unique needs of your facial anatomy and structure. Our philosophy has always been "less is more", and our physicians can create natural looking outcomes with tiny amounts of product in very predictable ways.

Unlike other medical practices or spas, our cosmetic injections are exclusively performed by board-certified dermatologists, many of whom have authored the textbooks and led the research that others in the field rely on for their education. SkinCare Physicians is literally the place where other doctors come to learn the nuances of facial aesthetics. We strive to advance the field of cosmetic dermatology every day, and will not settle for anything but the optimal outcome for all of our patients. Please come see what we have to offer.

Could Your Neck And Jawline Use A Lift?

Please don't overlook the importance of skin tightening when thinking about a well-rounded anti-aging protocol. We have several options to address everyone's unique concerns.

For nearly 20 years, our most popular tightening procedure has been Thermage. This device uses radiofrequency heat to remodel collagen, which leads to smoother and tighter skin. It is ideal for patients bothered by loose skin at the jawline and lower face, and who want a no-downtime procedure that can be done year-round.

For tightening the lower neck, we also utilize two additional treatments: radiofrequency microneedling devices such as the Legend, Morpheus and Genius, as well as ultrasound technology with Sofwave. Your dermatologist at **SkinCare Physicians** can recommend the intervention that is best for you based on your goals, your skin type, and your schedule's flexibility for recovery.



Courtesy of Sofwave Medical

Body Contouring: We Have Options For You



After two decades of research at SkinCare Physicians, we finally have effective solutions to treat cellulite, smooth dimpled skin, and reduce unwanted fat. Developed at our practice, Avéli and Resonic are cutting-edge cellulite treatments, with successful results in over 90% of patients. **Avéli** is a minor surgical procedure appropriate for deeper dimples on the buttocks and thighs, while **Resonic** is a completely non-invasive method for smoothing skin. **Sculptra** is a filler that can smooth uneven skin on the legs and buttocks, either used on its own or as an adjunct to other treatments. **Liposuction** and **CoolSculpting** have been reliable treatments for unwanted fat for over a decade at our practice. While CoolSculpting is completely non-invasive with virtually immediate recovery, liposuction is a bit more invasive but can often achieve more rapid results. Whether it is dimples, unwanted fat, or a desire to have smoother skin, our skilled providers can guide you to the optimal treatment for your body.

Daxxify – Better Than Botox?

Also known by its nickname Daxxi, this advanced injectable neuromodulator works like Dysport and Botox, two of our most trusted products for cosmetic enhancement. Utilizing targeted therapy to selectively improve muscle function, these neuromodulators reduce or eliminate wrinkles around the eyes, between the brows, and on the forehead. They can also soften wrinkles around the mouth, and improve the shape and appearance of the neck.

Daxxi brings some new technology to wrinkle reduction, utilizing proprietary molecule design to **enhance outcomes and duration**. Some patients talk about the “Daxxi Glow”, which is a unique refreshed appearance that is often seen within a few days of Daxxi treatment. Daxxi, Dysport, and Botox **each have their own unique properties** that our skilled injectors can match to your individual anatomy. This expertise is part of the art of neuromodulator therapy, pioneered at SkinCare Physicians over the past 25 years.

Hair Loss – Solutions That Work

Searching for a way to improve the appearance and thickness of your hair? Just like skin, hair is an important body part for which dermatologists care. Often driven by genetic factors, hair loss can be caused by a variety of underlying conditions which our providers can help you pinpoint. While hair loss is common in both men and women, it has become more treatable with advances in topical, oral, and injectable therapies.

We have multiple treatment options, including **vitamins, supplements** such as Nutrafol, medications, and procedures. Common medications, like **oral minoxidil and finasteride**, may be appropriate for you. If your hair needs a little extra help, **platelet-rich plasma (PRP)** is a quick, in-office procedure performed by our nurses. The treatment uses your own body's natural growth factors to stimulate hair growth. PRP has been a real innovation that has delivered remarkable results for many of our patients.

Consider scheduling a consultation with one of our providers at SkinCare Physicians. During this visit, we will confirm the cause of your hair loss and discuss the best treatment options.



QUICK READS

Biologics: A Game-changer For Chronic Skin Diseases

In the past 20 years, biologic therapies have transformed how we treat inflammatory skin conditions like psoriasis, eczema, and hidradenitis suppurativa. These treatments target specific immune pathways, providing **lasting efficacy with long-term safety**. Patients not only experience significant symptom relief, but also enjoy a better quality of life. Our team has played a key role in advancing biologic research, which is another aspect of our dermatology practice that sets SkinCare Physicians apart. We are here to help patients choose the best treatment for their unique needs. With personalized care, we aim to achieve the best outcomes for managing chronic skin conditions.



Are biologic medicines right for you? Contact us to discuss.

Making A Difference In Global Health

We are proud of our faculty's role in shaping the dermatology program at the University of Global Health Equity (UGHE), a new world-class medical school in rural Rwanda. Dr. Dover and Dr. Phillips, along with Dr. Sarah Hogan, a former SkinCare Physicians fellow and the program's Director, were instrumental in crafting the curriculum for fourth-year medical students. The dermatology training includes lectures, small group discussions, workshops, and patient care. All three traveled to Rwanda in 2024 to teach at UGHE. Next summer, thanks to UGHE, 40 new local doctors will begin providing healthcare to Rwandan communities that need it most.



SkinCare Physicians Top Doctors

Our practice is proud to be home to **at least 10 top dermatologists** in the Boston Magazine's Top Doctors issue. For nearly two decades, most of our physicians have made this annual list of 'the best of the best' for dermatology care. While we clearly attract the brightest and most skilled physicians in the region, we could not be Top Doctors without the support of our stellar nurses, clinical, and administrative staff. Whether you suffer from a complex skin condition, look to enhance your natural beauty, or need precise skin surgery, **come experience exceptional and kind care firsthand** from our Top Doctors.



Our Practice Is Growing

We are excited to offer even more options for outstanding care with the newest additions to our team. **Dr. Labadie and Dr. Stout, board-certified dermatologists**, bring unique expertise and a shared commitment to personalized, compassionate care. Whether you are seeking medical, cosmetic, or surgical dermatology treatments, they will guide you on your skincare journey. **Jessica Ryther, FNP-C**, with 4 years of experience at our practice, has embraced her role as a board-certified Nurse Practitioner after a year of intensive dermatology training with our providers. Schedule an appointment to experience their exceptional care—they are accepting new patients.



A Medication-free Solution For Acne

AviClear is a breakthrough, medication-free treatment for persistent, hard-to-treat acne. Using **laser technology**, it targets sebaceous glands to reduce oil production at its source. Clinical trials show **92% of patients saw significant improvement** one year after just three 30-minute sessions. This long-term, out-of-pocket solution is effective for all skin types, with fewer side effects than traditional treatments like antibiotics or isotretinoin. Ask us if AviClear is right for you or your loved one.

Five Supplements For Healthy Skin

Healthy, glowing skin requires more than a good skincare routine. A proper diet and supplements can enhance skin from within: **vitamin B3** improves hydration, **collagen peptides** boost elasticity, **omega-3s** help regulate oil production, **probiotics** support gut health—benefiting the skin, a **multivitamin** provides key nutrients for skin repair and protection. Consult us to discover the best supplements for your skin.

Skincare Products: Our 2024 Best-sellers

Here are the top picks: SkinCeuticals **C E Ferulic**, the gold-standard antioxidant for reducing and preventing sun and pollution damage. SkinMedica **TNS Advanced+**, an evening serum addressing sagging skin. Skinbetter Science **AlphaRet**, a retinoid and lactic acid for rejuvenation with little-to-no irritation. SkinCare Prescription **Retinol Body**, a hydrating, firming lotion. Visit us for personalized advice, or shop our online store.

SKINCARE PHYSICIANS®

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Dr. Kenneth
Arndt



Dr. Jeffrey
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Dr. Michael
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Dr. Robin
Travers



Dr. Thomas
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Dr. Jeffrey
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Dr. Karen
Kim



Dr. Brooke
Sikora



Dr. Laurel
Morton



Dr. Tania
Phillips



Dr. Kay
Kane



Dr. Mitalee
Christman



Dr. Jessica
Labadie



Dr. Molly
Stout



Kelly
Buchanan,
PA-C



Kathleen
Brodt,
FNP-BC



Colleen
Gaffney,
FNP-BC



Jessica
Ryther,
FNP-C

SKINCARE PHYSICIANS®

Celebrating 25 Years

See What's Inside!

- ▶ New Treatment Alert: Tixel
- ▶ Skinlive, Superb For Very Fine Lines
- ▶ Could Your Neck Use A Lift?
- ▶ Biologics For Chronic Skin Disease
- ▶ Meet Our New Providers
- ▶ Making A Difference In Global Health
- ▶ AND MORE



Our mission is to deliver exceptional, patient-focused dermatology care, offering medical, surgical, and cosmetic services to meet all skin health needs. We are committed to clinical excellence and personalized treatment. Our doctors are recognized leaders in the field, with academic ties to top institutions including Yale, Harvard, Boston University, Tufts and Brown.



@skincarephysicians



See what's NEW